#### GLOUCESTERSHIRE

# SCHOOL

## GAMES

#### YOUR GUIDE TO





Active Gloucestershire







### WELCOME

#### ΟΝΕ

Provide a range of opportunities for young people to improve their physical, emotional and social wellbeing, alongside achieving an average of 60 active minutes per day.

#### тwо

Engage all young people, especially those whose physical activity levels have been most negatively impacted by COVID-19.

#### THREE

Support those young people who have just transitioned into secondary school.

#### FOUR

Encourage young people's development through taking on leadership and volunteering roles.

#### FIVE

Use competition as a platform to help young people rebuild resilience and re-socialise.

### WE CAN MOVE



Active Gloucestershire We can move aims to get more and more of our school children in Gloucestershire active. We work in partnership with organisations across Gloucestershire to support School Games and other delivery programmes making every school day an opportunity for positive change.

We can move is a social movement, bringing everyone in Gloucestershire together around physical activity. It is co-ordinated by Active Gloucestershire.

# AIMS

Together, through the School Games, we can make a clear and meaningful difference to the lives of even more children and young people.

#### GLOUCESTERSHIRE SCHOOL GAMES

## OCT

SPORTSHALL ATHLETICS

Years 3&4 Years 5&6 Years 7&8

### NOV

PANATHLON

Key Stage 2 Key Stage 3

## **DEC & JAN**

#### THE HARTPURY CHALLENGE

Key Stage 1 Key Stage 2

### **ALL TERM**

**CULTURAL COMPETITION** Open to all ages

### TERM 1

As a result of Covid-19, we need to deliver the School Games in an exciting, but safe way. We want everyone to come together in a series of virtual challenges throughout term 1.

We'll release a challenge each month, but you can complete these at a time that works for you!

You will need to be submit your school's results to your School Games Organiser by Monday 11th January to reach the virtual festival.

On **Wednesday 20th January** we will have a virtual celebration to recognise everyone's participation and announce challenge winners - we hope you'll join us!

#### GLOUCESTERSHIRE SCHOOL GAMES

## CULTURAL Competition

Young people achieving their personal best is at the heart of the School Games. We want to celebrate when children and young people do something which makes them feel proud. Please encourage young people in your school to respond to the following statement by drawing, writing a poem, performing a dance, or finding any other creative way to showcase this!

#### I FELT REALLY PROUD ACHIEVING MY PERSONAL BEST WHEN I...

Entries should be sent to **info@gloucestershireschoolgames.org.uk** by 11th January 2021. We will share entries and winners during our festival day on Wednesday 20th January.



### ACTIVE 30

Alongside providing fun competition for young people, the School Games also supports schools to deliver 30 active minutes within the school day and ideas for 30 active minutes outside of the school day (extracurricular). School Games resources will be available throughout term 1 and beyond:

#### DAILY MILE SKIPPING YOGA KEY SKILLS ACTIVITIES LEADERSHIP

More details will be available from your SGO.



# **TIMELINE**

# OCT - JAN

#### TAKE PART!

Schools can do any of the challenges, at any point, once we've shared them. Don't forget to try the cultural competition during this time too. The aim is to get as many young people as possible taking part!



#### ENTRIES IN!

Be sure to get all of your entries in by this date to be part of the county festival day!

# **20TH JAN**

#### CELEBRATE!

Join us for a virtual festival, celebrating participation and personal best across the county! You'll receive updates from your SGO.

# SPRING

#### STAY TUNED!

We'll continue to monitor government guidelines and let you know plans as soon as we confidently can.

### CODE OF CONDUCT

I will:

- Enjoy the experience and have fun!
- Be proud to achieve my personal best
- Act fairly and honestly at all times
- Praise and encourage others

PARTICIPANTS

- Say well done to the opposition and thank my teacher, coach officials and supporters
- Adopt the School Games values

#### YOUNG LEADERS & VOLUNTEERS

I will:

- Act as a role model to participants and other young people, taking pride in my appearance and behaviour
- Be confident in all of my decisions
- Always consider the health, safety and welfare of the players, staff and spectators
- Be polite, acting responsibly and appropriately at all times
- Make sure all players show respect to team mates, opposition, spectators and myself
- Encourage participants to achieve their personal best
- Adopt the School Games values

#### ADULTS (TEACHERS, PARENTS, COACHES, EVENT LEADS

I will:

- Ensure young people have an enjoyable, fun experience
- Encourage fair play and respect by supporting all teams and participants with positive and appropriate communication (verbal & non verbal), including communication on online platforms
- Encourage players to treat all participants, teachers, coaches and officials with respect
- Be a positive role model for all young people by setting a good example
- Always consider the health, safety and welfare of young people and other adults (officials, the players, staff and spectators)
- Be polite, acting responsibly and appropriately at all times

