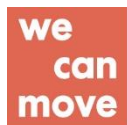




Your local community exercise instructors

Name	Where I teach	How to contact me
Jonathan French	Gloucester	07503876430
Toni Vassilouthis	Churchdown, Cheltenham, Gloucester, Newent, Corse	07803345702 antoniavassiloudi@hotmail.com
Monika Godfrey	Tetbury	07840826306
Vickie Head	Forest of Dean	01594 812447 community.wellbeing@fdean.gov.uk
Denise Nethercott	Cotswolds	0790987418 d.nethercott@btinternet.com
Martha Watkins	Stroud & Berkeley Vale	07875 793158 martha.watkins@stroud.gov.uk
Michelle Gardiner	Forest of Dean	07790025743 whitelotusuk@aol.com
Jo-Anne Hale	Cheltenham, Tewkesbury and surrounding areas including Cotswolds	07817 851214 zest.forlife@yahoo.co.uk



Active
Gloucestershire

Active Gloucestershire is the coordinating body of **we can move**, which is a movement of people working together to get everyone in Gloucestershire active.